

Mona Delahooke, Ph.D.

Mona Delahooke, PhD, is a licensed clinical psychologist with more than 30 years of experience caring for children and their families. She is a member of the American Psychological Association and a senior faculty member of the Profectum Foundation, an organization dedicated to supporting families of neurodiverse children, adolescents, and adults.

Dr. Delahooke holds the highest level of endorsement in the field of infant and toddler mental health in California, as a Reflective Practice Mentor (RPM). She is a frequent speaker, trainer, and consultant to parents, organizations, schools, and public agencies. Dr. Delahooke has dedicated her career to promoting compassionate, relationship-based neurodevelopmental interventions for children with developmental, behavioral, emotional, and learning differences.

She is the author of the award-winning book, *Beyond Behaviors: Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges*, and *Brain-Body Parenting: How to stop Managing Behaviors and start Raising Joyful, Resilient Kids*, and is a frequent speaker, trainer, and consultant to parents, organizations, schools, and public agencies. She lives and works in the Los Angeles area with her husband, Scott Delahooke.